



**COACHING  
PACKAGE**



# Field Provincial Championships



**Head  
Coach**



**Assistant  
Coach**



**Manager**



**Trainer**

***Managers/Trainer – can not be directly on the field with the players.  
Trainers can stand off to the side of the field but are not coaching.***

**All Coaches must wear their nametags during the games.  
Anyone without a nametag will be removed from bench area.**



## 2025-2026 U18/U15/U13 Youth Provincial Championship Schedule

February 13-16, 2026

Willoughby Community Park - 7782 200 St, Langley Twp, BC V2Y 1S4

Yorkson - 20591 84 Ave, Langley Twp, BC V2Y 2B7 **\*\*FRIDAY ONLY**



U18 T1 - 6 teams	Full Round Robin
Langley T1	Port Coquitlam T1
Adanacs T1	Chilliwack
Ridge Meadows T1	New Westminster T1

U18 T2 - 8 teams	2 pools of 4
Adanacs T2	Delta
Mission T2	Langley
Ridge Meadows T2	Richmond/VCR T2
New Westminster T2	Port Coquitlam T2

U15 T1 - 7 teams	Full Round Robin
Ridge Meadows T1	Nanaimo
Langley T1	Delta
Adanacs T1	Ridge Meadows T2
Burnaby	

U15 T2 - 8 teams	2 pools of 4
New Westminster	Chilliwack
North Island	Mission T2
Valley T2	PacRim T2
U15 T2 - Adanacs	Port Coquitlam T2

U13 T1 - 8 teams	2 pools of 4	FRIDAY Yorkson			
Port Coquitlam T1	Ridge Meadows T1	Time	Game #	HOME	AWAY
JDF T1	Adanacs T1	12:00	4	U15 T2 - Chilliwack	U15 T2 - Port Coquitlam T2
PacRim T2	Ridge Meadows T2	1:30			
U13 T1 - Mission	U13 T1 - Bby/NS/VCR	3:00			
		4:30	14	U13 T1 - Ridge Meadows T1	U13 T1 - Bby/NS/VCR
Surrey T1	New Westminster T1	6:00			
Delta T1	Port Coquitlam T2	7:30	23	U15 T1 - Ridge Meadows T1	U15 T1 - Delta
Nanaimo	Delta T2	9:00	28	U15 T1 - Burnaby	U15 T1 - Ridge Meadows T2
U13 T2 - Ridge Meadows 4	Penticton				

### FRIDAY

Stadium *FIELD 1				NE FIELD #2				SW FIELD #3				SE FIELD #4			
Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY
12:00	1	U15 T2 - New Westminster	U15 T2 - Adanacs	12:00				12:00	2	U15 T2 - North Island	U15 T2 - Valley T2	12:00	3	U15 T2 - Mission T2	U15 T2 - PacRim T2
1:30	5	U15 T1 - Ridge Meadows T1	U15 T1 - Ridge Meadows T2	1:30				1:30	6	U15 T1 - Langley T1	U15 T1 - Delta	1:30	7	U15 T1 - Adanacs T1	U15 T1 - Nanaimo
3:00	8	U18 T1 - Langley T1	U18 T1 - Chilliwack	3:00				3:00	9	U18 T1 - Adanacs T1	U18 Tier 1 - Port Coquitlam T1	3:00	10	U18 T1 - Ridge Meadows T1	U18 T1 - New Westminster T1
4:30	11	U13 T1 - Port Coquitlam T1	U13 T1 - Mission	4:30				4:30	12	U13 T1 - JDF T1	U13 T1 - PacRim T2	4:30	13	U13 T1 - Adanacs T1	U13 T1 - Ridge Meadows T2
6:00	15	U13 T2 - Surrey T1	U13 T2 - Ridge Meadows 4	6:00	16	U13 T2 - New Westminster T1	U13 T2 - Penticton	6:00	17	U13 T2 - Delta T1	U13 T2 - Nanaimo	6:00	18	U13 T2 - Port Coquitlam T2	U13 T2 - Delta T2
7:30	19	U18 T2 - Adanacs T2	U18 T2 - New Westminster T2	7:30	20	U18 T2 - Delta	U18 T2 - Port Coquitlam T2	7:30	21	U18 T2 - Mission T2	U18 T2 - Ridge Meadows T2	7:30	22	U18 T2 - Langley	U18 T2 - Richmond/VCR T2
9:00	24	U18 T1 - New Westminster T1	U18 T1 - Adanacs T1	9:00	25	U18 T1 - Chilliwack	U18 T1 - Ridge Meadows T1	9:00	26	U18 Tier 1 - Port Coquitlam T1	U18 T1 - Langley T1	9:00	27	U15 T1 - Langley T1	U15 T1 - Nanaimo

### SATURDAY

Stadium *FIELD 1				NE FIELD #2				SW FIELD #3				SE FIELD #4			
Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY
8:00	29	U13 T2 - Delta T2	U13 T2 - New Westminster T1	8:00	30	U13 T2 - Nanaimo	U13 T2 - Surrey T1	8:00	31	U13 T2 - Port Coquitlam T2	U13 T2 - Penticton	8:00	32	U13 T2 - Delta T1	U13 T2 - Ridge Meadows 4
9:30	33	U13 T1 - Ridge Meadows T2	U13 T1 - Ridge Meadows T1	9:30	34	U13 T1 - PacRim T2	U13 T1 - Port Coquitlam T1	9:30	35	U13 T1 - Adanacs T1	U13 T1 - Bby/NS/VCR	9:30	36	U13 T1 - JDF T1	U13 T1 - Mission
11:00	37	U15 T1 - Burnaby	U15 T1 - Delta	11:00	38	U15 T1 - Ridge Meadows T1	U15 T1 - Nanaimo	11:00	39	U15 T1 - Adanacs T1	U15 T1 - Ridge Meadows T2	11:00			
12:30	40	U18 Tier 1 - Port Coquitlam T1	U18 T1 - Chilliwack	12:30	41	U18 T1 - Langley T1	U18 T1 - New Westminster T1	12:30	42	U18 T1 - Adanacs T1	U18 T1 - Ridge Meadows T1	12:30			
2:00	43	U15 T2 - PacRim T2	U15 T2 - Chilliwack	2:00	44	U15 T2 - Valley T2	U15 T2 - New Westminster	2:00	45	U15 T2 - Mission T2	U15 T2 - Port Coquitlam T2	2:00	46	U15 T2 - North Island	U15 T2 - Adanacs
3:30	47	U18 T2 - Richmond/VCR T2	U18 T2 - Delta	3:30	48	U18 T2 - Ridge Meadows T2	U18 T2 - Adanacs T2	3:30	49	U18 T2 - Langley	U18 T2 - Port Coquitlam T2	3:30	50	U18 T2 - Mission T2	U18 T2 - New Westminster T2
5:00	51	U13 T2 - Surrey T1	U13 T2 - Delta T1	5:00	52	U13 T2 - New Westminster T1	U13 T2 - Port Coquitlam T2	5:00	53	U13 T2 - Ridge Meadows 4	U13 T2 - Nanaimo	5:00	54	U13 T2 - Penticton	U13 T2 - Delta T2
6:30	55	U13 T1 - Port Coquitlam T1	U13 T1 - JDF T1	6:30	56	U13 T1 - Ridge Meadows T1	U13 T1 - Adanacs T1	6:30	57	U13 T1 - Mission	U13 T1 - PacRim T2	6:30	58	U13 T1 - Bby/NS/VCR	U13 T1 - Ridge Meadows T2
8:00	59	U15 T1 - Nanaimo	U15 T1 - Ridge Meadows T2	8:00	60	U15 T1 - Langley T1	U15 T1 - Burnaby	8:00	61	U15 T1 - Ridge Meadows T1	U15 T1 - Adanacs T1				



2025-2026 U18/U15/U13 Youth Provincial Championship Schedule

February 13-16, 2026

Willoughby Community Park - 7782 200 St, Langley Twp, BC V2Y 1S4

Yorkson - 20591 84 Ave, Langley Twp, BC V2Y 2B7 \*\*FRIDAY ONLY



SUNDAY

Stadium *FIELD 1				NE FIELD #2				SW FIELD #3				SE FIELD #4			
Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY	Time	Game #	HOME	AWAY
8:00	62	U15 T2 - New Westminster	U15 T2 - North Island	8:00	63	U15 T2 - Chilliwack	U15 T2 - Mission T2	8:00	64	U15 T2 - Adanacs	U15 T2 - Valley T2	8:00	65	U15 T2 - Port Coquitlam T2	U15 T2 - PacRim T2
9:30	66	U15 T1 - Nanaimo	U15 T1 - Delta	9:30	67	U15 T1 - Ridge Meadows T1	U15 T1 - Langley T1	9:30	68	U15 T1 - Adanacs T1	U15 T1 - Burnaby	9:30			
11:00	69	U18 T1 - Adanacs T1	U18 T1 - Langley T1	11:00	70	U18 Tier 1 - Port Coquitlam T1	U18 T1 - Ridge Meadows T1	11:00	71	U18 T1 - Chilliwack	U18 T1 - New Westminster T1	11:00			
12:30	72	U18 T2 - Adanacs T2	U18 T2 - Mission T2	12:30	73	U18 T2 - Delta	U18 T2 - Langley	12:30	74	U18 T2 - New Westminster T2	U18 T2 - Ridge Meadows T2	12:30	75	U18 T2 - Port Coquitlam T2	U18 T2 - Richmond/VCR T2
2:00	76	U13 T2 - AV2 C/O		2:00	77	U13 T2 - 1VB C/O		2:00	78	U13 T1 - 1VB C/O		2:00	79	U13 T1 - 1VB C/O	
3:30	80	U15 T2 - 1VB C/O		3:30	81	U15 T2 - AV2 C/O		3:30	82	U15 T1 - DeltaU15 T1 - Ridge Meadows T2		3:30	83	U15 T1 - Burnaby U15 T1 - Nanaimo	
5:00	84	U18 T1 - Chilliwack	U18 T1 - Adanacs T1	5:00	85	U18 T1 - Port Coquitlam T1	U18 T1 - New Westminster T1	5:00	86	U18 T1 - Ridge Meadows T1	U18 T1 - Langley T1	5:00	87	U15 T1 - Langley T1	U15 T1 - Adanacs T1
6:30	88	U18 T2 - 1VB C/O		6:30	89	U18 T2 - AV2 C/O									

MONDAY-MEDAL GAMES

Stadium *FIELD 1				NE FIELD #2				SW FIELD #3				SE FIELD #4			
Time	Game #	HOME	AWAY	Time		HOME	AWAY	Time		HOME	AWAY	Time		HOME	AWAY
8:00	90	U15 T1 - Adanacs T1	U15 T1 - Delta	8:00	91	U15 T1 - Ridge Meadows T1	U15 T1 - Burnaby	8:00	92	U15 T1 - Langley T1	U15 T1 - Ridge Meadows T2	8:00			
8:30				8:30				8:30				8:30			
9:00				9:00				9:00				9:00			
9:30				9:30				9:30				9:30			
10:00				10:00				10:00				10:00	93	U13 - 2 - 3V4	
10:30		U15 - 2 - 1V2		10:30		U15 - 2 - 3V4		10:30	94	U13 - 2 - 1V2		10:30			
11:00				11:00	95			11:00				11:00			
11:30	96			11:30				11:30				11:30		U13 - 1 - 3V4	
12:00		U18 - 2 - 1V2		12:00		U18 - 2 - 3V4		12:00		U13 - 1 - 1V2		12:00	97		
12:30				12:30				12:30	98			12:30			
1:00				1:00	99			1:00				1:00		U15 - 1 - 3V4	
1:30	100	U18 - 2 - 1V2		1:30		U18 - 1 - 3V4		1:30		U15 - 1 - 1V2		1:30			
2:00				2:00				2:00				2:00	101		
2:30				2:30				2:30	102			2:30			
3:00		U18 - 1 - 1V2		3:00	103			3:00				3:00			
3:30	104			3:30				3:30				3:30			
4:00				4:00				4:00				4:00			
4:30				4:30				4:30				4:30			
5:00				5:00											



**2025-2026 BCLA YOUTH FIELD LACROSSE PROVINCIALS**  
**U18, U15 & U13 Tiers 1 & 2**  
**February 13-16, 2025**  
**Willoughby Community Park – 7782 200 Street, Langley**

Langley Minor Lacrosse Association is proud to host the 2025-2026 Youth Field Lacrosse Provincial Championships along with the Field Directorate and BCLA. Please read this letter carefully as it includes important information that you will need to know before the provincials begin.

**Mandatory Coaches Meeting - All Teams -Thursday, February 12<sup>th</sup> at 7:00pm Online**

**TEAM ROSTER VERIFICATION**

Will be completed in advance of the coaches meeting by the BCLA office to avoid delay at meeting and games.

All rosters previously submitted with your declaration form to the BCLA office will be considered your roster for provincials.

**Deadlines:**

**Friday, February 6** If you have an updated roster with call ups send that updated roster verification form to [debheard@bclacrosse.com](mailto:debheard@bclacrosse.com)

All call-up players being used in the provincial championship must have played the required **FOUR (4)** qualifying games with proof of play, a scan of the official score sheets. Please send to [debheard@bclacrosse.com](mailto:debheard@bclacrosse.com) along with the callup form.

Send the completed **Fair Play Award Athlete Nomination Form** and email to [debheard@bclacrosse.com](mailto:debheard@bclacrosse.com);

**Monday, February 9** the BCLA will review all submitted rosters with the RAMP registration system. Any issues will be addressed and resolved prior to the coaches meeting.

**Wednesday, February 11** is the last day any changes can be made to a roster and must be submitted to the BCLA office by 3:00PM. These would only be replacement players for players who have been injured and unable to play after our review Monday.

## **TEAM VOLUNTEERS**

Each participating team must provide the following volunteers for each round robin game:

**Home team to provide timekeeper, Visitor team to provide scorekeeper.**

*Neutral score and timekeepers will be provided for crossover and medal games.*

Each team should also appoint a responsible person or persons for selecting game MVPs for each round robin game. That person will select your team's MVP for each game. Players are only eligible for one award during the round robin portion of the tournament.

*Neutral bench officials will select the medal game MVPs.*

Please have your team manager report to the tournament office (located at the center of the fields, above the concession) 30 minutes prior to game time to check in and pick up your MVP award sheet. This will be returned by the Game Officials following the game.

## **GAME FORMAT**

Please refer to the 2025-2026 Youth Provincial Field Championship Directive for tournament formats and tie breaker rules for the event

## **SHOULDER PADS & MOUTHGUARDS**

Approved shoulder pads and mouthguards are **MANDATORY** for all players participating in the Provincial Championship. This requirement will be strictly enforced.

## **SUSPENSION GUIDELINES**

Please read the Field Directorate Suspension guidelines. Any questions regarding the suspension guidelines should be referred to the Official in Charge (OIC)

## **VENUE**

Players and team officials are requested to abide by the venue rules of Willoughby Community Park. Players should be supervised in and around the facility. NO LACROSSE BALLS are to be thrown or tossed against walls in or around the park. Balls and sticks will be confiscated by facility staff if this rule is violated. Games will be played on four fields at Willoughby Community Park – Stadium Turf, North East Turf, South East Turf and South West Turf. Please ensure to clean up after your team!

## **TOURNAMENT AMENITIES**

On-site amenities will include lacrosse vendors, a concession, food trucks, and on-line 50/50 sales.

**QR Code for online 50/50 sales:**



## **CONTACTS**

**Kara Eastgate**

Provincial Host Convenor

E-mail: [2vpresident@langleythunder.ca](mailto:2vpresident@langleythunder.ca)

Cell: 778-888-1665



## WILLOUGHBY COMMUNITY PARK



DRINKING WATER



WASHROOMS

Highlighted yellow is the tourney office



## **2024-2025 YOUTH PROVINCIAL FIELD CHAMPIONSHIP DIRECTIVE U18, U15, U13 Divisions - Tiers 1 and 2**

### **1. JOB DESCRIPTIONS**

#### **a) PROVINCIAL DIRECTOR**

A member of the Field Directorate who governs all Provincials for Youth Divisions.  
Contacts Commissioners to ensure full participation at all levels.

#### **b) CONVENORS**

Appointed by the Provincial Director to oversee Championship Tournament.  
Appoints Coordinators to ensure a successful Provincial.

### **2. DECLARATION**

Each team wishing to participate in Provincial Championships will be required to fill out a declaration form and submit it to the BCLA office by the specified deadline appearing on the declaration form. This form is a commitment for participation and must be accompanied by a cheque for \$100.00 - made payable to the BCLA (Please note on the back of the cheque - for Provincial Field Championships). Any team withdrawing after submitting a declaration is subject to penalties under FD policy 22.10

### **3. ABUSE AND OFFENSIVE CONDUCT**

Verbal abuse, discrimination of any sort among/between players, coaches, officials will result in the following disciplinary action:

First offence: Expulsion from tournament. This overrules the 5 games stipulated in suspension guidelines  
All other discipline as per Field Directorate Discipline and Suspension Guide.

### **4. PLAYER ELIGIBILITY**

#### **a) The BCLA will supply team lists to the Convenors.**

#### **b) Players not on the lists must have qualified by playing up an age group or calibre for a minimum of four league, sanctioned tournament games, or playoff games, or combination of, during the current year with that team.**

**EXHIBITION GAMES DO NOT COUNT TOWARD ELIGIBILITY.**

Eligibility must be verified by score sheets and all the information must be available at the mandatory Coaches Meeting.

#### **c) Youth players can only participate in one Youth Provincial Championship. Youth players must meet the minimum number of games of participation as per Field Directorate Operating Policy section 22.08.**

#### **d) If games are missed due to injury, a doctor's note must be submitted to the commissioner and then forwarded to the Field Directorate's Vice chair -Youth. The note must state the nature of injury, when the injury was sustained, and when the player is cleared to resume playing in games. Exceptions will be reviewed by the Field Directorate. PLEASE NOTE: In the case of development areas in BC (i.e., Zones 1,7,8), the exception to this rule will apply to facilitate growth in underdeveloped field lacrosse areas of the province.**

#### **e) No player may play in more than 2 regulation games or 3 mini games (2 – 25-minute halves) per calendar day.**



- f) For any qualified call up players, proof of play on at least 4 game sheets must be presented to the playoff director, following the coaches meeting at the Provincials.
- g) Attendance is mandatory at the Provincial championship coaches meeting. Each team must be represented by a coach or team representative. The representative must be able to verify the roster and take responsibility to convey all information presented at the meeting to relevant team personnel.  
  
A copy of the original team registration form will be used to verify the declared team roster at the coaches meeting.
- h) An Official Team Verification Roster, supplied by the Convenor, shall be completed by each team prior to its first game. Once completed and verified by the Convenor, no changes will be permitted.

#### 4. TEAM PERSONNEL

- a) For each team competing in Provincial Championships, any coach on the side lines must have the following applicable minimum certification prior to the current season's Youth Provincial Field Lacrosse Championships as follows:  
  
U13 – Field Lacrosse Community Development (Field Lacrosse Level 1 old NCCP)  
U15 - Field Lacrosse Community Development (Field Lacrosse Level 2 old NCCP)  
U18 - Field Lacrosse Competitive Introduction (Field Lacrosse Level 2 old NCCP)
- b) Team Personnel – Certified coaches, certified assistance coaches, manager(s), and certified trainer. Certified coaches, certified assistance coaches, and a certified trainer are permitted in the team bench area during a game though only certified coaches may be in the coaches walk. Each team may have a certified trainer present for each of their games during a Provincial Championship. Proof of certification must be presented to the Tournament Convenor prior to the team's first game. To be a certified trainer the person must have proof of the appropriate certification as defined as one of the following:
  - 1) Any St. John Ambulance Emergency First Aid Course of 8 hours or more
  - 2) Canadian Red Cross Standard First Aid & Basic Rescuer CPR Course
  - 3) Canadian Red Cross Sport First Aid Course
  - 4) Any CAHA Hockey Trainer's Certification Program
  - 5) A professional designation (i.e., Medical Doctor, Registered Nurse, Physiotherapist, Police Officer, FireFighter)
- c) Changes to Certified Coaches/Trainers and/or Manager must be done two weeks prior to the Provincial Championship Tournament. Exceptions will be reviewed by the Field Directorate.
- d) Each team can declare a roster of up to 25 players. Exceptions for rosters more than 25 players require approval in writing from the Field Directorate.
- e) All exceptions and requests for changes are subject to approval by Provincial Championship Tournament Committee comprised of the Field Directorate Representative, Convenor, Coordinators, and appointees of the Field Directorate.
- f) Age restrictions are as follows: U18, U15, U13
- g) Any team found to be playing an ineligible player or ineligible players will be expelled from the Tournament and subject to the Team Default fine.
- h) All players on the same team must wear uniform shorts of the same dominant team colour. Those players on the team who wear sweatpants must wear the same colour sweatpants.



5. OVERAGE PLAYERS

Any overaged players being permitted to play down an age group in regular league play by the Vice Chair - Youth Field will be eligible for Provincial Round Robin playdowns or Provincial Championships.

6. RULES

All play will be as per the current World Lacrosse Official Rules of Men's Field Lacrosse except for duration of games, which may be varied in advance by the Tournament Director, Convenor or Coordinators based on field availability and time restrictions. Lacrosse Canada & BCLA rules and policy will also be adhered to.

7. TEAM ELIGIBILITY

All Youth Teams playing in a recognized league in BC will be eligible to participate in a Provincial Tournament. Only one team from a developing area may participate if all spots are allotted. If more than one team declares from a developing area, then a playdown occurs to fill the allotted spot. If this is not feasible, then the Field Directorate will determine which team will be allotted to the spot.

8. TOURNAMENT FORMAT

The format for each division will be determined by the Provincial Director and communicated in writing to each team in advance of the tournament unless advised in writing otherwise and subjected to team defaults/expulsions leading to a need for a revised format. Guidelines are as follows:

- a) A win shall be awarded three points, a tie will be awarded one point in Round Robin play. The standings in the Round Robin portion of the tournament will be determined by the number of points. Where ties occur in the point standings after the round robin, see Tie Breaker Rule.
- b) For single division Round Robin format, the two teams with the highest point totals will advance to the Gold Medal game and the next two highest (3rd & 4th place teams) will advance to the Bronze Medal game.
- c) For two pool Round Robin format (8 teams), the two teams with the most points in each pool will advance to the crossover games (i.e., Pool "A" team #1 versus Pool "B" team #2; Pool "A" team #2 versus Pool "B" team #1). The winners of the crossover games advance to the Gold Medal game. The losers of the crossover games play the Bronze medal game.
- d) For 6 teams, cross-pool will be played. Two pools of 3 will be formed and each teams will play all the teams in the other pool. Upon completion of pool play the teams will be ranked in order 1 to 6 games on points, 1<sup>st</sup> will play 4<sup>th</sup> and 2<sup>nd</sup> will play 3<sup>rd</sup>. If tied in points the tie breaker rule will be used. Winners of the cross over games will advance to the Gold medal game and the other two teams will play in the Bronze medal game.

9. TIE BREAKER RULE

In the event of a tie in points in BCLA sanctioned tournaments, play downs or Provincials; final standings shall be determined as follows:

TWO TEAMS TIED

- a), the winner of game, or games between the two teams advances.
- b) the team with the fewest goals against will advance



c) If the two teams are still tied, the Goal Average Formula will be used to break the tie with a cap of 12 goals per game.

EXAMPLE: If a team wins by 15 only a point spread of +12 (winner) or -12 (loser) will be used.

d) If a tie still exists, the team with the least Personal penalties in minutes in all Round Robin games played shall be declared the winner. In the case where the teams have not played the same number of games, the lowest average of the penalties in minutes in all Round Robin games shall be used to declare the winner.

e) If a tie still exists, then a coin toss will decide the winner.

### THREE TEAMS TIED

a) Three or more teams tied, the team(s) that won the greater number of points in games, during the competition, between the team(s) tied shall be declared the winner of the higher position (Head-to-Head-to-Head)

b) the team with the fewest goals against will advance

c) If the two teams are still tied, the Goal Average Formula will be used to break the tie with a cap of 12 goals per game. Only goals scored in games between the tied teams during the competition shall be used in the goal average computation.

EXAMPLE: If a team wins by 15 only a point spread of +12 (winner) or -12 (loser) will be used.

d) If a tie still exists, the team with the least Personal penalties in minutes in all Round Robin games played shall be declared the winner. In the case where the teams have not played the same number of games, the lowest average of the penalties in minutes in all Round Robin games shall be used to declare the winner.

e) If a tie still exists, the Goal Average Formula will be used to break the tie. All goals scored in all games during the competition shall be used in the goal average computation with a cap of 12 goals per game.

EXAMPLE: If a team wins by 15 only a point spread of +12 (winner) or -12 (loser) will be used.

### GOAL AVERAGE FORMULA

Goals For divided by the sum of Goals For + Goals Against = Goal Average

The team with the goal average closest to 1.0 shall be declared the winner

NOTE: If teams are still tied and cannot be separated by goals against, the following will be used, in this order, until one method results in a winner being identified:

1st - Least Unsportsmanlike Conduct penalty minutes

2nd - Power Play goals

3rd - Names drawn

## 10. GAME OFFICIALS

a) Game Officials will be chosen by the BCLOG Vice Chair Lacrosse, firstly from the ranks of all certified field Officials, and (if necessary), secondly from the next best experienced r Officials available.

b) Official-in-Charge will be assigned by the BCLOG Vice Chair – Field Lacrosse.

c) Bench officials for Medal Games will be appointed by the co-ordinator, subject always to the approval of the Provincial Director.

d) Each team will be required to provide one experienced bench official for each round robin game played.

NOTE: To all participating teams - if you have qualified bench officials travelling with your team, please



make the Co-Ordinator aware of these people as he/she may need help during the tournament.

e) Officials Fees - Paid by the Field Directorate (BCLA as per Hosting Agreement)

**Round Robin (2 Officials)**

U13 - Tier 1 and 2

**Cross over and Medal Games (3 Officials)**

**Round Robin (3 Officials)**

U15 - Tier 1 and 2

U18 - Tier 1 and 2

**Cross over and Medal Games (3 Officials)**

**Fees as set by the BC Lacrosse Officials Association (BCLOG).**

**A Chief Bench Official will be added at \$20.00 per game fee for crossover and medal games.**

11. AWARDS

a) Medals

Gold, silver and bronze medals will be awarded.

b) The U18, U15 and U13 Provincial Champions will each receive a B.C. Provincial Plaque (to be kept by team).

c) MVP for each Division will be chosen for the Provincials. One per Division.

d) Field Lacrosse Player of the Tournament

12. TEAMS DEFAULTING

Once a team has committed to attend a Provincial Championship (Provincial Declaration form turned into the BCLA), that team will be expected to show up and remain for all its scheduled games as well as the Award ceremonies for their age division. If a team withdraws from participating in the Provincial Championship Tournament after declaring, the parent club shall be subject to a \$1,500.00 fine per team that withdraws. Additionally, if a team withdraws within 14 days prior to the start of the Provincial Championship Tournament, the parent club shall be subject to a \$3,000.00 fine per team that withdraws. Should a team qualify for Provincial Championships and be unable to attend, the PROVINCIAL CO-ORDINATOR is to be informed as soon as possible so the Provincial Director can fill the vacancy. Should a team default a game during the championship, it will not only be automatically eliminated from further play but subject to the aforementioned fine. Should an emergency arise which necessitates a team leaving early, the Provincial Director and Convenor shall be consulted.

13. BC LACROSSE ASSOCIATION FINANCIAL RESPONSIBILITIES

- Gold, Silver and Bronze medals
- First Place Trophies
- Championship keeper plaques for each division
- MVP per Division awards
- Field Lacrosse Player of the Tournament Award
- Officials fees – including the medal rounds
- Game balls
- Fields

14. SUPPLIED BY HOST CLUB

- Bench officials for Cross-overs and Medal games.
- Any special awards such as most sportsmanlike team All-Stars, etc.
- Convenor's office for tournament headquarters



- Meeting space for all bench officials and Officials to be held at the same time as the coaches meeting, prior to the tournament.
- Any other items necessary for a smooth-running tournament
- Equipment
  - Bench officials tables and chairs for each field
  - Field lacrosse nets for each field
  - Field lining equipment, including cones
  - Bench officials' equipment (stopwatches, scoresheets, pens, etc.)

15. DUTIES OF THE HOST CLUB

- Ensure that facilities are adequate and safe.
- Ensure that qualified bench officials are available for Medal games.
- Ensure that a written report of the tournament is prepared and presented, along with the original copy of all game Sheets to the Provincial Director
- Co-ordinate all sponsorship, promotion and advertising with the BCLA to avoid conflicts with existing sponsors.
- Submit all program information by deadline as imposed by the BCLA.
- A social activity involving all participants and families may be held (optional, but highly recommended)

16. WEATHER-RELATED CLOSURES/CANCELLATIONS

If the Round Robin portion of the Provincial Championships was not completed, then the tournament will be cancelled, and no medals will be awarded.

If the Round Robin portion of the Provincial Championships was completed, then the winner and/or outcome will be decided by the Provincial Championship Committee.

17. OTHER

- a) No photographers/videographers permitted on the field of play without the permission of the Provincial Championship Tournament Committee.
- b) No objects (chairs, tables, ladders, tents) are permitted on the field of play without the permission of the Provincial Championship Tournament Committee.

## 2025-2026

### Field Directorate Disciplinary Rules

The included penalties are automatic suspensions.

“Automatic” means that:

1. **If a player receives a penalty that carries an automatic suspension**, the coach is to sit the player even if they have not been notified by the Commissioner of the suspension prior to their next game.

2. **If a coach receives a penalty that carries an automatic suspension**, the coach is not to continue coaching in any game, even if they have not been notified by the Commissioner of the suspension prior to their next game.

Revised September 2025

#### FIELD DIRECTORATE OPERATING POLICY REGULATION 12: SUSPENSIONS

12.09 (a) A suspended player may only serve the suspension during games played by the team the player is officially registered with.

(b) **While under suspension, a suspended player cannot be on the players' side of the field prior to or during the player's team's game(s).** The suspended player can watch the game, with the spectators, from the opposite side of the player's bench.

12.10 (a) A suspended coach may only serve the suspension during games played by the team the coach received the suspension for; however, a coach is suspended from all BCLA Field Lacrosse related activities until such suspension is served.

(b) **While under suspension, a suspended coach cannot be at the game venue prior to or during coach's team's game(s).**

# **BRITISH COLUMBIA LACROSSE ASSOCIATION**

## **FIELD DIRECTORATE DISCIPLINARY RULES**

### **THE FOLLOWING PENALTIES ARE AUTOMATIC SUSPENSIONS:**

#### **1. EXPULSION PENALTY – DELIBERATE ATTEMPT TO INJURE**

- To deal with personal fouls (physical) that are excessive and beyond normal play.
- May include but is not limited to butt-ending, face masking, fighting, spearing or kicking.

#### **RULE REFERENCE**

78.1 The act of deliberately striking or attempting to strike an opponent, a nonplaying member of the opponents' squad, a Coach, a spectator, or anyone controlling the play of the game with the hand, stick, ball or otherwise by a Player, a substitute, a non-playing member of a squad, a Coach or anyone officially connected with a Team may be an expulsion foul.

#### **SUSPENSIONS**

**1st Offence:** three (3) games

**2nd Offence:** Five (5) games and a Hearing by local Field League

**3rd Offence (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

#### **2. EXPULSION PENALTY – ENTERING THE FIELD AFTER THE BENCHES HAVE BEEN FROZEN**

- To deal with team personnel entering the field after being told by the officials to remain in the bench area

#### **RULE REFERENCE**

78.2 Where the Officials have "frozen" the benches, because a fight has occurred on the field of play, or for any other reason, by indicating to the Team personnel who are on the benches that they should remain there, then any Team personnel pushing past an Official to join in a fight, or leaving their designated bench area, **MUST** be expelled from the game. An exception to this shall be a member of a Team's medical staff who leaves their Team's designated bench area to attend to an injured member of their squad.

#### **SUSPENSIONS**

**1st Offence:** three (3) games

**2nd Offence:** Five (5) games and a Hearing by local Field League

**3rd Offence (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

### **3. EXPULSION PENALTY – THIRD PARTICIPANT ENTERING AN ALTERCATION**

- To deal with players who join a fight in progress as a third participant

#### **RULE REFERENCE**

78.3 Where two Players from competing Teams are fighting and a third participant enters the altercation, then the third participant into the altercation may be expelled from the game.

#### **SUSPENSIONS**

**1st Offence:** one (1) to three (3) games

**2nd Offence:** Five (5) games and a Hearing by local Field League

**3rd Offence (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

### **4. EXPULSION PENALTY - ABUSE BY LANGUAGE OR GESTURE**

- To deal with behavior and actions that are non-physical
- May include but not limited to verbal abuse, racial or sexual statements to a player, coach, any person officially associated with a team, or a fan.

#### **RULE REFERENCE**

78.4 Refusal to accept the authority of the Officials, or the use of threatening, foul or abusive language or gestures, or flagrant misconduct may be an expulsion foul.

#### **SUSPENSIONS**

**1st Offence:** two (2) to five (5) games

**2nd Offence:** Five (5) games and a Hearing by local Field League

**3rd Offence (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

### **5. EXPULSION PENALTY - DELIBERATE ATTEMPT TO INJURE or ABUSE BY LANGUAGE OR GESTURE:**

#### **ABUSE OF OFFICIAL**

- To deal with any inappropriate behavior, verbal or physical, towards any official
- An official is defined as a referee, timekeeper, scorekeeper, or any other designated officials.

## **RULE REFERENCE**

78.4 Refusal to accept the authority of the Officials, or the use of threatening, foul or abusive language or gestures, or flagrant misconduct may be an expulsion foul.

### **SUSPENSIONS**

**1st Offence:** three (3) to five (5) games to forfeit of eligibility in the BCLA Field Directorate

**2nd Offence:** Five (5) games and a hearing by local Field League

**3rd Offence (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

## **6. EXPULSION PENALTY - DELIBERATE ATTEMPT TO INJURE or ABUSE BY LANGUAGE OR GESTURE:**

### **ABUSE OF OFFICIAL BY PARENTS**

- To deal with any inappropriate behavior, verbal or physical, towards any official
- An official is defined as a referee, timekeeper, scorekeeper, or any other designated officials.

## **RULE REFERENCE**

78.4 Refusal to accept the authority of the Officials, or the use of threatening, foul or abusive language or gestures, or flagrant misconduct may be an expulsion foul.

22.2 It shall be the Head Coach's duty on, the request of an Official, effectively to control any actions of spectators, which are not in conformity with good sportsmanship

### **SUSPENSIONS: Parents**

**1st Offence:** Not being in attendance for three (3) games

**2nd Offence:** Not being in attendance for five (5)

**3rd Offence:** Not attending games for one (1) year from date of infraction.

### **SUSPENSIONS: Head Coach**

In addition, the following suspensions will be assessed to the head coach connected with the offending parents. The accumulation of offenses does not have to be with the same parent.

**1st Offence:** A letter of warning and an offer of support from the league/commissioner to help deal with future incidents.

**2nd Offence:** two (2) games suspension and \$100 fine to the Club

**3rd Offence:** five (5) games suspension and a \$250 fine to the Club

## **7. BANISHMENT**

- To deal with any team personnel who continues to behave in an unsportsmanlike manner after having been assessed an Unsportsmanlike Conduct penalty
- Where a referee ejects a player(s), coach(s), or team personnel from the field for that game where they feel that the individual and not the team should be punished.
- Banishments are to be noted on the game sheet.

## **RULE REFERENCE**

75.2 Where an unsportsmanlike conduct penalty has been inflicted, and the penalized person continues to act in an unsportsmanlike manner, the Officials have the right to banish them from the bench area.

## **SUSPENSIONS**

Any player, coach, or team personnel(s) who accumulates banishments in one season will be assessed as follows:

**2nd Banishment in one season:** one (1) game suspension.

**3rd Banishment in same season:** three (3) game suspension

**4th Banishment in same season:** Five (5) games and a hearing by local Field League

## **8. DEFAULT OF GAMES**

Immediate referral to local Field League for hearing.

## **9. COACH OR MANAGER PULLING TEAM FROM FIELD**

Forfeiture of game and immediate referral to local Field League for hearing.

## **10. UNDER THE INFLUENCE OF ALCOHOL OR DRUGS**

Immediate suspension and an automatic referral for hearing by the local Field League.

## **11. SPITTING AT OPPONENT/OFFICIAL, HEAD BUTTING, HAIR PULLING**

- To deal with particularly heinous acts, physical or verbal

**1st Offence** - Five (5) games and Hearing by local Field League

**2nd Offence - (and all subsequent offences):** Five (5) games and an additional hearing by local Field League

## **12. ACCUMULATION OF EXPULSION PENALTIES**

Any player who accumulates two expulsion penalties in one season will be assessed the following in addition to any they receive from the result of their actions:

### **SUSPENSIONS**

2nd Expulsion - Additional Three (3) Game suspension and a hearing by local Field League

3rd Expulsion - Five (5) games and a hearing by local Field League

## **13. INELIGIBLE PLAYER**

Any team, which plays an ineligible player, will lose any points earned from the games in which the ineligible player played. In addition, the following suspensions will apply to the Head Coach:

1st offence: two (2) games

2nd offence: automatic referral to the British Columbia Lacrosse Coaches Group for the appropriate disciplinary action.

14. Coaches and/or managers who receive a suspension, will be reported to the BCLA Field Directorate for any suspension under five (5) games that can be imposed by a League Commissioner. Any action by a Coach or a Manager that is the opinion of the local commissioner or BCLA Directorate that warrants further disciplinary action, will be immediately referred to the chairperson of the British Columbia Lacrosse Coaches Group for his/her appropriate action.

15. A suspended player will be removed from all team games, regardless of age division (i.e., cannot play up while suspended) until he/she has served the suspension, this suspension may be served during BCLA sanctioned tournament and league games only. The suspended player cannot participate in exhibition games that occur during the suspended number of games. While under suspension, a suspended player cannot be on the players' side of the field prior to or during the player's team's game(s). The suspended player can watch the game, with the spectators, from the opposite side of the player's bench. (OP 12.09 (b)) They will not participate in any official duties, i.e. - Timekeeping, Coaching, Score Keeping or Officiating (Referee) at any level. The player will be allowed to practice only with his/her team.

16. A suspended coach may only serve the suspension during games played by the team the coach received the suspension for; however, a coach is suspended from all BCLA Field Lacrosse related activities until such suspension is served. While under suspension, a suspended coach cannot be at the game venue prior to or during coach's team's game(s). (OP 12.10 (b))

17. There is a difference between a game expulsion for a severe incident and for accumulating five personal fouls (fouling out). A game report must be given if there are to be any further game suspensions. A suspension must be accompanied by a written referee's report. The referee might eject player(s) from the field, banishment, for that game, and not write a game report as he/she did not feel that the infraction warranted anything more. The banishment must be noted on the game sheet.

18. It is very important that each League Commissioner has all the facts and has done a thorough investigation prior to handing down a suspension. Depending upon the severity of the penalty, additional games may be imposed by the League Chairperson and/or the Field Directorate.

#### SUMMATION:

These penalties shall be cumulative throughout the entire career of a player/coach in the BCLA Field Directorate and not restricted for one season, with the exception of banishment. Thus, a player or coach, after committing one offence, is deterred from repeating the offence instead of having a clean slate every year.

Any second offence requires the player/coach to appear before the Field Directorate at the first meeting after the offence has taken place. This is to make the player/coach more accountable for their actions.

If a player or coach has gone a considerable amount of time between offences the Commissioner has the option to reduce the penalty for the subsequent offence.



## Spectator Etiquette

### How to respect the Game of Lacrosse

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We want everyone to have a good experience at these Provincial Championships. This includes players, coaches, managers, officials, volunteers and spectators. To help us do this, here are a few reminders of how to keep it positive.

#### **“DO’S” AT THE GAME:**

- **CHEER** for good play on both ends of the field – be impartial! Cheer for your team and great plays on both ends of the field.
- If you don't understand something that you see in the field, ask someone knowledgeable - don't just yell.
- **RESPECT** the decisions of the official - this is a zero tolerance policy - **honour** the game
- Be a positive **ROLE MODEL** by displaying good sportsmanship at all times to coaches, officials, opponents, and your child's teammates
- **SUPPORT** your team manager if they require assistance or have suggestions
- Be **RESPONSIBLE** for the behavior of your own fans and educate when needed
- Sit back and enjoy the game. Remember lacrosse is played for **FUN!**

#### **“DO NOTS” AT THE GAME**

- Yell at the officials about anything. Nothing is going to change by you yelling other than the possibility of you being asked to leave the field area.
- Use any obscene language or gestures at any time towards the officials or players as you will be removed from the field area.
- Yell at another team's players or spectators - you will be removed from the field area.
- Disrespect the game or the volunteers hosting this event - you will be asked to leave

Your **coach and manager are responsible for your actions and behavior**; honour them by being respectful, so they can concentrate on your child and their team.

**REMEMBER -- Lacrosse is for FUN!**

**We look forward to a competitive and exciting Provincial Championship and appreciate your commitment to making it memorable for everyone.**

# BRITISH COLUMBIA LACROSSE ASSOCIATION

## 1. CODE OF CONDUCT

### 1.01 All individuals affiliated with the BCLA shall:

- i) Attempt at all times to work toward the goals and objectives of the BCLA and the game of Lacrosse, and towards the betterment of its members.
- ii) Strive to heighten the image and dignity of the Association and the sport of Lacrosse as a whole, and to refrain from behavior which may discredit or embarrass the Association or the game.
- iii) Always be courteous and objective in dealings with other members.
- iv) Except when made through proper channels, refrain from unfavorable criticism of other members or representatives of the BCLA.
- v) Strive to achieve excellence in the sport while supporting the concepts of Fair Play and Drug-free sport.
- vi) Show respect for the cultural, social and political values of all participants in the sport.
- vii) As a guest in another province or foreign country, abide by the laws of the host jurisdiction and adhere to any social customs concerning conduct.

### 1.02 Conduct to Protect Children:

The safety, rights, and well-being of children is a priority of the BC Lacrosse Association (BCLA) and its membership. We nurture supportive relationships with children while balancing and encouraging appropriate boundaries. All staff, members and participants are expected to treat children with respect and dignity. They are to establish, respect and maintain appropriate boundaries with all children and families involved in activities and programs delivered by the BCLA and its members. All interactions and activities with children should be known to, and approved by, the member association and the parent/guardian of the child. For more information about Conduct to Protect Children - <https://www.protectchildren.ca/en/about-us/>.

### 1.03 An individual's conduct shall be in question when they:

- i) Breach any of the above Section 1.
- ii) Use their position within the BCLA for unauthorized personal and/or material gains.
- iii) Willfully circulate false, malicious statements, derogatory to any other member of the Association.
- iv) Willfully ignore or break the By-Laws, policies and/or rules and regulations of the BCLA.
- v) Counsel others to ignore or break the by-laws, policies, and/or rules and regulations of the BCLA.
- vi) Code of Conduct hearings will only be heard for offences not already covered by properly constituted penalties approved by the BCLA in all Directorates, Technical Support Groups and League Agreements.

### 1.04 General:

- i) The BCLA endorses the principles of natural justice and due process which allows any individual the right to a hearing and an appeal of any action which affects their rights.
- ii) The BCLA and its member governing bodies agree to honor and enforce disciplinary action taken by those governing bodies upon the completion of due process.

### 1.05 Discipline Procedures:

- i) Any report alleging a breach of Member obligation under this Code of Conduct shall be submitted in writing to the BCLA office within 15 days of the event/occurrence.
- ii) Upon receiving a report, the BCLA staff shall immediately notify the BCLA Executive who shall determine the merit of the complaint and determine if action is necessary.

- iii) If action is necessary, the President shall, with the Discipline Committee, appoint a date, time and place for which shall not be more than 30 days from the receipt of the report.
- iv) All interested parties will be notified of the proceedings and will have the opportunity to attend the hearing of the Discipline Committee at their own expense.
- v) The Discipline Committee may call witnesses and demand any pertinent information which it deems necessary to arrive at a decision.
- vi) The decision of the Discipline Committee will be announced by the Chair of the Discipline Committee within 7 days of the hearing and all interested parties will be provided with a copy of the written decision. Interested parties is defined as those parties who are directly involved in the proceedings.
- vii) Any individual whose rights are directly affected by a decision of the Discipline Committee may appeal that decision to the Appeals Committee.
- viii) The procedure and time lines for a presentation to the Appeals Committee shall be the same as those set out for the Disciplinary Committee.
- ix) Disciplinary action taken under this Code of Conduct section will be considered to be applicable to all disciplines of Lacrosse in BC
- x) The Discipline Committee may fine, suspend or request other remedial action based on a Discipline Hearing.

1.06

**British Columbia Universal Code of Conduct (BC UCC):**

The BC Lacrosse Association accepts all language contained in the British Columbia Universal Code of Conduct (BC UCC). A copy of the code is hosted on the viaSport BC website here: [https://www.viasport.ca/sites/default/files/BC\\_UCC\\_2021.pdf](https://www.viasport.ca/sites/default/files/BC_UCC_2021.pdf).

## 14. HARASSMENT

- 14.01 The BCLA is committed to promoting a sport environment in which the terms and conditions of participation are equitable and non-discriminatory. Every participant has the right to be treated with dignity and respect and to work, train and compete in a milieu conducive to productivity, self-development and performance advancement based upon individual interest and ability. The BCLA will foster a sport environment free of harassment on the basis of race, ancestry, place of origin, colour, ethnic origin, citizenship, religion, sex, sexual orientation, disability, age, marital/family status or an offence for which a pardon has been granted.
- 14.02 Harassment means any behaviour by a person engaged in any paid or volunteer capacity, role, or function with the BCLA that is offensive to any person or group of people and which the individual knew or ought to have known would be unwelcome.
- 14.02.1 Harassment may be intentional or unintentional and can take many forms, but generally involves conduct, comment, or display which is insulting, intimidating, humiliating, hurtful, demeaning, belittling, malicious, degrading, or otherwise causes offence, discomfort, or personal humiliation or embarrassment to a person or group of people.
- 14.03 The following types of harassment are intolerable, whether or not individuals complain:
- 14.03.1 **Abuse:** Abuse can be physical, emotional or sexual.
- (i) **Physical Abuse** - using physical force or actions that result, or could result, in injury.
  - (ii) **Emotional Abuse** - a pattern of hurting an individual's feelings to the point of damaging their self-respect. It includes verbal attacks on the individuals, insults, humiliation or rejection.
  - (ii) **Sexual Abuse** - using an individual for sexual stimulation or gratification unless, in the case of an adult, that individual consents.
- 14.03.2 **Harassment:** Any behaviour that satisfies one or more of the following definitions of Harassment.
- (i) **Personal Harassment:** Behaviour, including communications, conduct or gesture, which:
    - (a) is insulting, intimidating, humiliating, hurtful, malicious, degrading, or otherwise offensive to an individual or group of individuals (including a statement with respect to a Prohibited Ground or otherwise); and
    - (b) would be considered by a reasonable person to create an intimidating, humiliating or uncomfortable work or sport-related environment.
  - (ii) **Sexual Harassment:** Behaviour involving unwelcome sexual advances, requests for sexual favours or other communication (verbal or written) or physical conduct of a sexual nature when:
    - (a) such conduct might reasonably be expected to cause embarrassment, insecurity, discomfort, offence or humiliation to another person or group; or
    - (b) submission to such conduct is made, implicitly or explicitly, a condition of employment or participation in a sport-related activity; or
    - (c) submission to or rejection of such conduct is used as a basis for any employment or sport-related decision; or
    - (d) such conduct has the purpose or the effect of interfering with a person's work or sport performance or of creating an intimidating, hostile or offensive work or sport environment.
  - (iii) **(a) Bullying:** Bullying involves a person expressing their power through the humiliation of another person. Bullying occurs between people at any age and is not addressed under human rights legislation. It is inappropriate behaviours that are typically cruel, demeaning and hostile toward the bullying targets (most commonly occurs between children under the age of twelve but may also constitute behaviours between youth or

between adults. Bullying is similar to harassment but the behaviours are not addressed under human rights laws. Bullies are typically cruel, demeaning and hostile towards the targets of their bullying.).

The actual issue of bullying is not addressed by the law, except when the behaviour does become a criminal issue (i.e., extortion, physical assault, etc. ). Bullying can be broken down into four types:

- Physical (hit or kick victims; take/damage personal property)
- Verbal (name calling; insults; constant teasing)
- Relational (try to cut off victims from social connection by convincing peers to exclude or reject a certain person)
- Cyber-Bullying

The following is a non exhaustive list of tactics used by bullies to control their targets:

1. Unwarranted yelling and screaming directed at the target
2. Continually criticizing the target's abilities
3. Blaming the target of the bullying for mistakes
4. Making unreasonable demands related to performance
5. Repeated insults or put downs of the target
6. Repeated threats to remove or restrict opportunities or privileges
7. Denying or discounting the targets accomplishment
8. Threats of and actual physical violence

**(b) Cyber-Bullying:** Cyber-Bullying is the use of communication devices and electronic information to include but not limited to, e-mail messages, text messaging, instant messaging, cell phone communications, internet chat rooms, internet blogs, internet postings, video recording and defamatory websites, that:

1. Deliberately threatens, harasses, intimidates an individual or group of individuals; or
2. Places an individual in reasonable fear of harm to that individual or damage to the individual's property; or
3. Has the effect of substantially interfering with a person's work or sport performance or of creating an intimidating, hostile or offensive work or sport environment.

(iv) **Retaliation:** Acts of Retaliation: Types of behaviour that may constitute Harassment include, but are not limited to:

- (a) written or verbal abuse or threats;
- (b) physical assault
- (c) using any instrument in an aggressive and/or threatening manner (i.e., as a weapon)
- (d) unwelcome remarks, jokes, innuendoes, or taunting about a person's body, sexual orientation, attire, age, marital status, ethnic or racial origin, or religion;
- (e) displaying of racist or other offensive or derogatory material, racial, ethnic or religious graffiti;
- (f) practical jokes, hazing or initiation rites which cause awkwardness or embarrassment, endangering a person's safety or negatively affecting performance;
- (g) obscene gestures;
- (h) intimidation;
- (i) behaviour which undermines self-respect or adversely affects performance or working conditions;
- (j) false accusations of Harassment motivated by malice or mischief, and meant to cause other harm.

14.03.3 **Retaliation:** Any action taken against an individual in retaliation for:

- (i) having initiated this policy on behalf of himself/herself or another individual;

- (ii) having participated or co-operated in any investigation under this policy; or
- (iii) having associated with anyone who has invoked this policy or participated in an investigation.

- 14.03.4 **Prohibited Ground:** The BC Human Rights Code provides that no person shall discriminate against another person with respect to, amongst other things, employment, publications, accommodation, service, and facilities on any of the following grounds (the “Prohibited Grounds”): race, marital status, sex, colour, conviction for an offence, age, ancestry unrelated to employment, sexual orientation, place of origin, physical disability, political belief, mental disability, family status, religion.
- 14.03.5 **Reasonable Person Standard:** In relation to a determination of Harassment under this policy, an assessment of responsibility that takes into account not only what the Complainant and Respondent actually experienced, knew, or understood about one another or the situation, but also what a reasonable person in each of their circumstances would or ought to have experienced, known, or understood.
- 14.03.6 **Responsible Adult:** Where the Complainant or the Respondent is a minor (under 19), or otherwise unable to speak for himself or herself, a parent, guardian, or other adult of the person's choice who may speak on behalf of the Complainant or Respondent.
- 14.04 It is the overall objective of the BCLA Policy on Harassment to create and maintain a work and sport environment free from harassment. Individuals who experience harassment are encouraged to take the appropriate actions to put an end to the harassment and seek adequate redress.
- 14.04.1 Harassment which is unintentional may be stopped by informing the harasser(s) that the behaviour is offensive. If the behaviour continues, the individual should file a complaint in the manner described in the BCLA Complaint Review Procedure.
- 14.04.2 If an individual feels uncomfortable or threatened about confronting the harasser(s) on their own, a complaint should be filed directly in accordance with the BCLA Complaint Review Procedure.
- 14.04.3 The BCLA takes any complaint seriously, and will investigate and respond in a sensitive, effective and timely manner.
- 14.04.4 The BCLA believes that harassment is a serious offence. It is also a serious offence to falsely accuse someone of harassment.
- 14.04.5 If the results of the investigation find that there has been harassment or that there has been an intentional false accusation of harassment, appropriate disciplinary action will be taken in accordance with the BCLA Discipline Policy.

## APPENDIX F: BC LACROSSE ASSOCIATION SOCIAL MEDIA GUIDELINES

***The responsibility of on-line or social media accounts belongs to the named holder of the account (or page) and all members are expected to conduct themselves in accordance with the BCLA Code of Conduct.***

**Overview.** The BC Lacrosse Association (BCLA) has begun to use social media networking in a way to increase the reach of BCLA news and information to all interested parties, which include but is not limited to: members, fans, sport enthusiasts, and supporters. The social media outlets that may be used by the BCLA include the website, on-line community of practice, Twitter and Facebook.

These guidelines have been developed to sit under the framework for the BC Lacrosse Association By-Laws and/or Regulations, as well as be a complement to any additional policies and codes of conduct implemented by the BCLA.

We recognize the vital importance of participating in online conversations and are committed to ensuring that we participate in online social media the right way. The Social Media Guidelines have been developed to help empower you to participate in this connected world and represent our Association by sharing the vision and mission of our organization and the story of our historic game.

The vision that serves as the basis to all our initiatives is guided by certain shared values that we live by as an organization and as individuals:

Sportsmanship   Passion   Integrity   Respect   Innovation   Trust

The BCLA encourages all Association/Club members, Teams, Players, Coaches, Trainers, other Team Personnel, Officials, volunteers, parents and/or guardians of BCLA players to explore and engage in social media communities at a level at which they feel comfortable. **Have fun, but be smart.** The best advice is to approach online worlds in the same way we do the physical one -- by using **sound judgment** and **common sense**, by adhering to the Association's values, and by ensuring that all the Association's Policies and Procedures are not breached.

Social media enables people and organizations to share opinions, insights and experiences on the web using tools to connect, interact and maintain and develop relationships. Social media is about connecting and engaging with members, fans, followers and supporters.

All forms of social media that the BCLA utilizes are used to engage our members and beyond. Creating awareness, generating interest, and increasing the visibility of the BCLA should absolutely be the primary objectives when using these accounts. Social media is an opportunity for an organization to connect and network with its fans and followers.

**Compliance.** Non-compliance with these guidelines may be considered as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with these guidelines may be disciplined under the BCLA By-laws and/or Regulations.

**Definitions.** Social Media is defined as "content created by people using highly accessible and scalable publishing technologies. Social media is distinct from traditional media, such as newspapers, television, and film. Social media comprises relatively inexpensive and accessible tools that enable anyone (even private individuals) to publish or access information". (Source: Wikipedia)

**Social Media may include (but is not limited to):**

- Social networking sites (ex. Facebook, MySpace, LinkedIn, Bebo, Yammer)
- Video and photo sharing websites (ex. Flickr, YouTube)
- Blogs, including corporate and personal blogs
- Blogs hosted by media outlets (ex. comments posted to news stories)
- Micro-blogging (ex. Twitter)
- Wikis and online collaborations (ex. Wikipedia)

- Forums, discussion boards and groups (ex. Google Group, Communities of Practice, etc.)
- Video or podcasting
- Online multiplayer gaming platforms (ex. World of Warcraft, Second Life)
- Instant messaging (including text messaging)
- Geo-spatial tagging (ex. Foursquare, Facebook Places)

### **BCLA General Guidelines.**

**Transparency** in every social media engagement. The BCLA does not condone manipulating the social media flow by creating "fake" destinations and posts designed to mislead followers and control a conversation. Every Website, "fan page", or other online destination that is ultimately managed by the Association must make that fact known.

**Respect** of copyrights, trademarks, rights of publicity, and other third-party rights in the online social media space, including with regard to user-generated content (UGC). How exactly you do this may depend on your particular situation, so work with the Association's communications contact to make informed, appropriate decisions. When in doubt, please contact [info@bclacrosse.com](mailto:info@bclacrosse.com)

**Utilization** of best practices, listening to the online community, and compliance with applicable regulations to ensure that this Social Media Guidelines remains current and reflect the most up-to-date and appropriate standards of behaviour.

**Guidance for navigating legal issues.** The following is offered as general guidance to assist you in complying with the obligations set out in these guidelines. When in doubt, seek further guidance from the BCLA's Operating Policy Manual.

**Privacy, confidentiality and information security.** You should **not** publish or report on conversations or information that is deemed confidential or classified or deals with matters that are internal in nature. The BCLA's *Privacy Policy* applies.

**Copyright.** You should respect copyright laws and fair use of copyrighted material and attribute work to the original author/source wherever possible.

**Harassment and Bullying.** The BCLA's *Harassment Policy* applies online and in the physical workplace. Bullying and harassment includes any bullying or harassing comments a person makes online, even on their own private social networks or in non-lacrosse related settings.

Abusive, harassing, threatening or defaming postings are in breach of the BCLA's *Harassment Policy* in the *BCLA General Operating Policy*, and may result in disciplinary action being taken.

All participants of the game are expected to treat each other with respect and dignity and must ensure their behaviour does not constitute bullying and/or harassment.

**Defamation.** You should refrain from publishing material that may cause injury to another person, organization, association or company's reputation, and should seek further guidance if publication of such material is thought to be necessary.

**Offensive or obscene material.** Material may be offensive or obscene and may infringe relevant online classification laws if it pornographic, sexually suggestive, harassing, hateful, racist, sexist, abusive or discriminatory.

**Social Media Activities.** The BCLA respects the rights of its participants of the game and its authorized contractors to use blogs and other social media tools not only as a form of self-expression, but also as a means to further the BCLA's awareness. It is important that all participants of the game are aware of the implications of engaging in forms of social media and online conversations that reference the BCLA and/or the representative's relationship with the BCLA and its brand, and that they recognize when the BCLA might be held responsible for their behaviour.

## **Personal Use**

**Our Expectations for Personal Behaviour in Social Media.** There's a big difference in speaking "on behalf of the Association" and speaking "about" the Association. This set of **5 principles** refers to those **personal or unofficial online activities** where you might refer to the BC Lacrosse Association, Canadian Lacrosse Association or any associated activities (Local, Provincial, National Championships, International events, AGMs, etc.)

1. **Adhere to all applicable policies.** All participants of the game are subject to the Association's Code of Conduct in every public setting. In addition, in certain circumstances, other policies, including the Confidentiality Agreement or National Teams Policies and Guidelines, govern participants of the game's behaviour with respect to the disclosure of information; these policies are applicable to your personal activities online.
2. **You are responsible for your actions.** Anything you post that can potentially tarnish the Association's image will ultimately be your responsibility. We do encourage you to participate in the online social media space, but urge you to do so properly, exercising sound judgment and common sense. Please make sure to include the following disclaimer to each profile or platform you use where you can be identified as related to the Association: "The views expressed on this website/blog are the views of the author alone and do not reflect the views of the BC Lacrosse Association".
3. **Be a "scout" for compliments and criticism.** Even if you are not an official online spokesperson for the Association, you are one of our most vital assets for monitoring the social media landscape. If you come across positive or negative remarks about the Association or its brands online that you believe are important, consider sharing them by forwarding them to [info@bclacrosse.com](mailto:info@bclacrosse.com).
4. **Let the subject matter experts respond to negative posts.** You may come across negative or disparaging posts about the Association or its brands, or see third parties trying to spark negative conversations. Unless you are an authorized online spokesperson, avoid the temptation to react yourself. Pass the post(s) along to the BCLA staff who are trained to address such comments, at [info@bclacrosse.com](mailto:info@bclacrosse.com).
5. **Be conscious when mixing your business and personal lives.** Online, your personal and business personas are likely to intersect. The Association respects the free speech rights of all of its participants of the game, but you must remember that anyone has access to the online content you post. Keep this in mind when publishing information online that can be seen by more than friends and family, and know that information originally intended just for friends and family can be forwarded on.

**REMEMBER:** Do not represent yourself as an Official Spokesperson of the Association (unless authorized to do so - see "Professional Use of Social Media) in any social media forum and never disclose non-public information of the Association (including confidential information). Be aware that taking public positions online that are counter to the Association's interests may be harmful and could be considered a breach of compliance.

## **Specific Applications and Situations**

1. **Timing.** Some situations require that participants of the game in official functions for the Association refrain from uploading content or participating to social media. These situations include (but are not limited to):
  - a. Inside a competition stadium during the competition period (ex. FIL World Cup competition or Minto Cup)

- b. During a non-public event or meeting organized by the Association (ex. the Annual General Meeting)
  - c. Before, during or after a meeting where non-public information is discussed (ex. Local competitions committee planning meeting)
  - d. Before, during or after a game or training session when strategic, tactical or medical information is discussed. We ask that you please refer to the team's coaching or medical staff before making any comments pertaining to these.
- 2. Use of official marks.** We recognize that Team BC players and staff members may see value in using pictures or videos where we see them in official kits. The intent is not to forbid this usage, but simply to remind you that using such photos, for example as your profile picture, automatically link you to the Association and we therefore ask that you stay conscious of the comments and contents you post. The use of any other official marks should follow copyrights and trademarks regulations.
- 3. Links.** In order to facilitate access to relevant information regarding the Association, all groups of participants of the game are encouraged to link their blogs and other social media interactions, when in accordance to the above guidelines, to the [www.bclacrosse.com](http://www.bclacrosse.com) website and its services.

## **Professional Use Of Social Media**

### ***Our Expectations for Professional Behaviour in Social Media***

#### **Becoming Authorized To Use, Post And Comment**

- Before using the Association's social media accounts you must be a representative of the organization.
- You may not use, post or comment as a representative of the organization unless you are **authorized** to do so.

#### **Rules Of Engagement**

Once authorized to use, post and comment as an organization's representative, you must:

- disclose you are an volunteer/employee/contractor of the organization, and use only the Association's designated social media accounts
- disclose and comment only on information classified as public domain information
- ensure that all content published is accurate and not misleading
- ensure you are not the first to make an announcement (unless specifically given permission to do so)
- comment only on your area of expertise and authority
- ensure comments are respectful of the community in which you are interacting online
- adhere to the Terms of Use of the relevant social media platform/website, as well as copyright, privacy, defamation, contempt of court, discrimination, harassment and other applicable laws, and the association's Privacy Policy.
- if applicable, remove material that is offensive, obscene, defamatory, threatening, harassing, bullying, discriminatory, hateful, racist, sexist, infringes copyright, constitutes a contempt of court, breaches a Court suppression order, or is otherwise unlawful

If you are authorized to comment as an organization's representative, you must not:

- post or respond to material that is offensive, obscene, defamatory, threatening, harassing, bullying, discriminatory, hateful, racist, sexist, infringes copyright, constitutes a contempt of court, breaches a Court suppression order, or is otherwise unlawful
- use or disclose any confidential or secure information
- make any comment or post any material that might otherwise cause damage to the BCLA's reputation or bring it into disrepute.

## 23. SOCIAL MEDIA

- 23.01 The BCLA recognizes the vital importance of participating in online conversations and are committed to ensuring that we participate in online social media in an appropriate, positive, respectful manner.
- 23.02 **APPENDIX F: BC Lacrosse Association Social Media Guidelines** has been developed to help empower members to participate in this connected world and represent our Association by sharing the vision and mission of our organization and the story of our historic game. The BCLA encourages all our Association/Club Members, Teams, Players, Coaches, Trainers, other Team Personnel, Officials, volunteers, parents and/or guardians of BCLA players to explore and engage in social media communities at a level at which they feel comfortable. Approach online worlds in the same way one does the physical one -- by using sound judgment and common sense, by adhering to the BCLA's values, and by ensuring that all of the BCLA's Policies and Procedures are not breached. Social media enables people and organizations to share opinions, insights and experiences on the web using tools to connect, interact and maintain and develop relationships. Social media is about connecting and engaging with members, fans, followers and supporters.
- 23.03 The BCLA expects that all members are aware of and respect APPENDIX F: BCLA Social Media Guidelines.
- 23.04 If anyone is found to be in violation of the guidelines to the extent that it is damaging to the BCLA, it will be handled using the provisions of REGULATION 1: CODE OF CONDUCT. Non-compliance with this policy may be considered as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with the guidelines may be disciplined.



#101, 7382 Winston Street  
Burnaby, BC V5A 2G9  
Phone 604-421-9755

Email: [info@bclacrosse.com](mailto:info@bclacrosse.com)

# ATHLETIC ACCIDENT CLAIM FORM

<b>SECTION I</b> (please print)		
Last Name of Claimant	First Name	Birth Date
Mailing Address		
City	Province	Postal Code
If a Minor, Name of Parent		
Home Phone ( )	Business Phone ( )	

<b>SECTION II</b>	
Date of Accident	Hour a.m. / p.m. (circle one)
Location of Accident	
What is the injury?	
Date of First Treatment	
Name of Hospital taken to	
Date of Admittance	Hour a.m. / p.m. (circle one)
Date of Discharge	Name of Attending Physician or Dentist

<b>SECTION III</b> Describe fully how the accident happened.

<b>SECTION IV</b> (your sport accident policy is an excess accident benefits policy; proof of exhausting all other insurance must accompany your expenses) What medical coverage do you have through your/spouse/parent employment?				
Name of Employer		Name of Insurer		
Address of Employer		Address of Insurer		
City	Prov.	Postal Code	Policy No.	Certificate Number

<b>SECTION V</b>	
I hereby certify that all the information provided above is correct.	
Claimant's / Guardian's Signature	Date

Send completed form along with any invoices for expenses you incurred to -

By mail:  
BC Lacrosse Association  
101-7382 Winston Street, Burnaby, BC V5A 2G9

By email:  
[info@bclacrosse.com](mailto:info@bclacrosse.com)

Please call BC Lacrosse if you have any questions regarding this form. Instructions are on the reverse side. If you do not have invoices at this time, please forward the form only to confirm that you intend to make a claim.

<b>CERTIFICATION OF ASSOCIATION OR CLUB EXECUTIVE</b>	
Do not complete this section yourself; have your Club or League President, Coach or Manager complete this section.	
Name of Team	League or Association
Accident Policy No. ACL6623	Type of Sport
Was the above player registered at the time of the injury? Yes/No (circle one)	
Was the player injured while taking part in an authorized activity? Yes/No (circle one)	
Name	Position with Club
Telephone No.	Signature

# INSTRUCTIONS

*You must provide all information requested; incomplete forms cannot be processed.*

## IMPORTANT POINTS TO REMEMBER WHEN COMPLETING YOUR CLAIM:

1. Your insurer must receive notice of your accident within 30 days of the accident date and receive claim documentation within 90 days.
2. ALL claims must be submitted with itemized statements and paid receipts (originals are required if there is no other coverage available), which indicate
  - Patient's name
  - Type of purchase or service
  - Date of each purchase or service
  - Amount charged for each purchase or service
3. A physician statement confirming diagnosis and recommended treatment is required if you are claiming other than dental or ambulance expense.
4. Only claims in excess of the deductible specified in your plan will be considered for payment up to your maximum benefits.
5. Expenses eligible under any other health care plan(s) must be submitted to that plan(s). Your sport accident policy will pay only the amount of expenses that are not eligible with any other insurer.
- IF YOU ARE CLAIMING ANY OF THE BENEFITS LISTED BELOW, YOU MUST INCLUDE THE FOLLOWING INFORMATION WITH YOUR CLAIM: (Please check your plan details for the conditions under which these benefits are eligible. You must have required and received medical/dental treatment commencing within 30 days of the accident date.)
- FOR BENEFITS NOT LISTED BELOW, PLEASE CONTACT THE INSURER FOR CLAIMS PROCEDURE

### A. PRESCRIBED DRUGS

- Name of medication or drug
- Date of purchase
- Amount charged

### B. SERVICES OF PHYSIOTHERAPIST, CHIROPRACTOR, OSTEOPATH

- Physician referral
- Type of service
- Date of each treatment
- Amount charged for each treatment
- Date of treatment paid by Provincial Medical Plan; if private fees apply, confirming coverage has been exhausted

### C. HOSPITAL ROOM ACCOMMODATION

- Not an eligible expense

### D. AMBULANCE (Emergency to Hospital only)

- Date of service
- Places ambulance taken from and to
- Amount charged

### E. VISION CARE

- If your injury received medical treatment and resulted in the loss or damage of eyewear, or the requirement of eyewear due to accident
- An explanation must be submitted with your receipt to claim the limited benefit

### F. SCHEDULED FRACTURE INDEMNITY

- If your injury results in any of the fractures or dislocations listed on the policy schedule, there may be an amount payable to you; not more than one amount (the largest) is payable
- A statement completed by the licensed physician or surgeon confirming the fracture/dislocation

### G. MEDICAL BRACES

- A letter from the licensed physician or surgeon indicating the diagnosis, the specific medical necessity for prescribing the brace and the type of brace prescribed must be submitted with your receipt
- Medical braces required primarily for sporting type activities are not covered

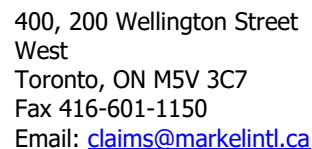
### H. DENTAL ACCIDENTS

- Exact date of accident
- Breakdown of services performed
- Circumstances surrounding the accident
- Is there other dental coverage? Enclose details.
- Confirmation that treatments only relate to the accident
- Provide other insurer's explanation
- Are further treatments estimated?

### I. SERVICES AVAILABLE WITHIN THE PROVINCIAL PLAN

- Your Sport Accident Policy does not make payment for any services or treatment that is available within the provincial plan, whether there is enrollment in the provincial plan or not

YOUR SPORT ACCIDENT POLICY MAY INCLUDE A DEDUCTIBLE AND/OR PERCENTAGE OF REIMBURSEMENT. (Example: \$100 deductible or \$30 per treatment up to \$300 per accident.) IF IN DOUBT, CHECK YOUR PLAN DETAILS.

[illegible]

ALL INFORMATION RECORDED ON THIS FORM IS CONFIDENTIAL

# ATTENDING PHYSICIAN'S STATEMENT

Please complete this claim form and return it to your patient.

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: Please indicate the name(s) of the bone(s) fractured or dislocated:


If Hospitalized, give name of hospital: \_\_\_\_\_

Date Admitted: \_\_\_\_\_ Discharged: \_\_\_\_\_

If referred to you, give name of referring physician: \_\_\_\_\_

Operations (or other procedures performed): _____	Date: _____
_____	Date: _____
_____	Date: _____

Date of first consultation for above: \_\_\_\_\_

Date of first symptoms: \_\_\_\_\_ Date of Accident: \_\_\_\_\_

Has the patient ever had same or similar condition? \_\_\_\_\_

If yes, please state when and describe: \_\_\_\_\_

Is there any other disease or infirmity affecting the present condition?

Date: \_\_\_\_\_ Signature \_\_\_\_\_ (M.D.)

Address: \_\_\_\_\_

Certified Specialist \_\_\_\_\_

Phone: \_\_\_\_\_



Sponsored by:



# 2025-26 BCLA YOUTH FIELD LACROSSE PROVINCIAL CHAMPIONSHIPS

## PLAYER OF THE GAME AWARD

GAME # \_\_\_\_\_

HOME TEAM \_\_\_\_\_

AWAY TEAM \_\_\_\_\_

YOUR TEAM \_\_\_\_\_

TEAM MVP \_\_\_\_\_

PLAYER NAME AND #

COACH OR PARENT WILL PICK THE MVP FROM THEIR OWN TEAM

**PLEASE REMEMBER**

**THE PLAYERS  
ARE KIDS**

**THIS IS A GAME**

**REFEREES  
ARE HUMAN**

**RESPECT THE REFS AND  
ENJOY THE GAME**



**SCAN HERE TO LEARN MORE ABOUT  
THE VANCOUVER WARRIORS**

